

# Jag Joyu Travel Solutions

## Kedarkantha- 5 Days Trek



### Trek Info:

Region	Uttarakhand
Duration	4 Nights/5 Days
Start Point	Sankri
End Point	Sankri
Highest Altitude	12500 ft
Grade	Moderate

Kedarkantha Trek falls in the Govind Wild Life Sanctuary and Govind Pashu National Park in Uttarkashi district of Uttarakhand. The drive to Sankri (from where the Kedarkantha trek starts) is one of the most drives in the Himalayas through Mussoorie, Purola, Mori, Netwar, along with the Tons River. Kedarkantha trek is one the easiest treks in the Himalayas to enjoy snow cover.

The Kedarkantha trek campsite is great for birding and surrounded by beautiful snow peaks. Looking for a short fun-filled vacation topped with adventure plus a trek that is easy and comfortable, then Kedarkantha is your calling! An all-season trek bewitches you with a landscape which is unique to every season. It can easily be eulogized as the “soul” of all



Himalayan treks. Kedarkantha trek is everything a trekker can dream about; crystal clear mountain lakes, the verdant expanse of rich flora, unexplored mountain terrain of Uttarakhand, jaw-dropping campsites, the serenity of mountain villages and a glimpse into the distinct culture of locals, the trek is a wholesome package of fun and adventure.

Experiencing the local culture and feasting on local meals is another attraction of the Kedarkantha trek. The warm hospitality of locals is such a rewarding experience that it leaves you wondering at their magnanimity.

### **Kedarkantha Weather**



This snow trek is operated between Dec to mid-April when the region has had good snowfall. Contrary to the popular belief winters is a good time to be in the mountains if one is equipped properly. Most locals inhabiting higher reaches of the mountains don't mind the problems associated with snowfall and seem to have a good time during these months. Also there are lots of local festivals in these months. In these months weather is generally clear most of the days. Day time is normally pleasantly warm with one getting to enjoy sitting out in the sun. Temperature would be around 12-17 °C. Evenings are quite cold and one would need to be inside a tent/room or sitting outside next to fire with proper winter clothes. The evening temperatures will be around – 3 to 5 °C. Nights can be very cold with temperatures in the range of – 8 to 0 °C. Please keep in mind that the above information is not exact and does not account for sudden changes. Whatever the temperatures and conditions rest assured we will be prepared to handle it with ease as we use equipment of very high specifications.

### **Fitness Required for Kedarkantha Trek**

At high altitude as the air gets thinner oxygen becomes less abundant. The percentage saturation of hemoglobin with oxygen determines the content of oxygen in our blood. After the human body reaches around 2,100 m (7,000 feet) above sea level, the level of oxygen in our hemoglobin begins to plummet. However, the human body has both short-term and long-term adaptations to altitude that allow it to partially compensate for the lack of oxygen. The Kedarkantha Trek is an easy trek suitable for first time trekker with basic fitness.

## **Trekking Experience: Ideal trek for a beginner.**



**Fitness Required:** The Kedarkantha Trek falls in the category of Moderate treks. The trail is fairly laid out path and has very few steep ascends or descends. Water is available throughout the trail. But still if you are thinking of your first big Himalayan trekking experience its better to be prepared. Here is the training schedule to prepare for the trek.

### **Itinerary**

#### **Day 1: Drive from Dehradun to Sankri (6,450 ft, 220km, 8 hours)**

Early morning vehicle come to pick you to take one of Himalayan drive following the Yamuna and the Tons River. You may stop by at Mussoorie for having a quick breakfast and at Kempty fall enroute to start with the fun right away.

After a drive of some 7 hours, you will arrive in Sankri by evening. On reaching, one of our representatives will greet you and guide you to your hotel room. Once you are settled and freshened up, we meet over for evening Tea and Snacks. That's where we get introduced with the Team, issue you personal equipments for extra hygiene and safety, and share latest updates for the Kedarkantha trek in short. Our dinner gets ready by that time, and we get ready for a dinner cooked by our expert cook hired locally. Your trek leader and guide will share the timings for tomorrow.



**Accommodation:** Hotel, **Meals:** Evening Snacks, Dinner

## **Day 2: Trek from Sankri to Juda Ka Talab (9,000 ft, 4km, 5 hours)**

Today, we will leave for trekking and reach our campsite, Juda ka Talab. We will leave at around 9:00 am after a sumptuous breakfast at the guesthouse. We will leave Sankri passing through another small village of Saur, from where the trail takes us to Kedarkantha. The path goes through pine forest until we reach a ridge, which opens up into a wide trail. After we have completed almost a quarter of our trek, we would catch up to the stream, we have been hearing. This is the last spot to fill water bottles until Juda ka Talab. As we carry on the same trail, we go through pine and maple forests and the trail becomes dense and narrow again until you reach Juda ka Talab. Juda ka Talab makes for a perfect campsite with a large lake on the left and dense pine and oak forests on the right. The lake was once two lakes that are now conjoined to make one. Enjoy the sunset with evening snacks and explore the area.



## **Day 3: Trek from Juda Ka Talab to Kedarkantha Base (10,600 ft, 4km, 4 hours)**

Today, we start our day with hot tea and breakfast and then head towards Kedarkantha Base. As we leave Juda ka Talab, the trail is straight and rises to an elevation at the edge of the lake and goes into the dense pine forest. As we continue to walk on the ridge for another half an hour, the ridge opens out to another open field. You will find a shepherd's hut here where you can take a break and relax for a while as we have less than a thousand feet to climb to the Kedarkantha base. After a short climb, in the shadows of oak trees, the route opens up into a field again. Look behind to absorb and enjoy the panorama of snow ranges surrounding Kedarkantha peak. As we climb up higher, usually over snow, we reach our destination, Kedarkantha base camp site. Snow-capped mountains like Ranglana, Kala Nag, Swargarohini, Bandarpoonch, stretch from your right to your left.



**Day 4: Trek from Kedarkantha Base to Kedarkantha Peak and descend to Juda-ka-Tala (12,500 ft, 6km, 7-8 hrs).**

We wake up a bit early for the beautiful sunrise from the Kedarkantha base; the Kedarkantha peak is clearly visible from the base. We then move forward with our day with a hot cup of tea and breakfast.



There are many trails to go up to Kedarkantha Peak, the best route is from the northern elevation of the summit, it takes 3 hours to climb the summit from the campsite. The mountain top is marked by a trishul-like arrangement of stones that points to the sky. The mountain top gives a 360° view of the snowy mountains of Utrakhnad. The Gangotri and Yamnotri , Chansil and Kinnaur Kailash are a few of the ranges that are visible from the top. There is a straight forward descent from the peak to the Kedarkantha base; the route we would take is full of oak and pine trees and many frozen streams. We reach back in the evening and finally relax after an eventful day.

**Day 5: Trek from Juda-ka-Talab to Sankri (6400 feet, 3km / And same Dehradun)**

Today, we head back to Sankri and same day have to come Dehradun after we fill our stomachs with breakfast. The path to Sankri is filled with stones and is basically a descent through pine trees with a stream on our left which is a good spot to fill water. We start on this path walking past the cluster of four huts and through deep dark pine forest that engulfs the route as it moves further away from the ridge. The hike route gets even more beautiful as it spirals down to a pine forest that leads to Sour Sankri village the trail evens out and progressively goes downhill through pine forest to come to another ridge. From this elevation point, we can view the open Har ki Dun valley and as we climb down, we encounter apple orchard and potato farms. The trail divides numerous times and each division leads to a different part of Sankri. In the short time we Sankri , we reach the and enjoy nature there before we head to our Tempo / bolero Waiting for drop to Dehradun.

We start our 10 hour long drive from Sankri to Dehradun after Camping 1st camp side and have drive would be one a kind with pine forests and rivers as your view as your drive down. We will stop for dinner in between to enjoy food in the midst of such beauty. We will reach Dehradun by 8:00 pm.

### **Inclusions:**

- Food as the Menu on the Trek
- Forest Camping Charges
- Safety Equipment
- Hiking Equipment
- Trek guide, cook, helpers, and mules for carrying common luggage
- Transportation if Specified in Itinerary
- Accommodation in Tents, or Homestay
- All meals from Lunch on Day 1 to Breakfast on Day 5
- Group Transport in tempo traveler / Innova / Xylo
- All logistics and meals during the trek like tents, guide, cook and porters.
- All currently applicable taxes including service tax
- Good Quality of Camping Arrangements.
- Good quality of alpine tents
- Fresh and clean Sleeping bags of very good quality
- Comfortable camping mattresses
- Mess Tent
- There will be 2 toilet tents [separate for gents and ladies] having portable toilet seats

### **OTHER OPTIONAL CHARGES:**

- Charges for a porter / mule to carry personal bag throughout the trek (not more than 10 kgs) per person for the complete trek. If you want us to arrange for portage of your personal luggage you can book the same by selecting the option of Personal Luggage Charges.
- Personal trekking gear
- You can save on buying expensive trekking equipment for the trek by hiring the same from gear store. High quality equipment is provided at reasonable rental/sale and you are assured of clean equipment that has been checked for its efficacy.

### **EXCLUSION:**

- Meals during road Journeys
- Any kind of Insurance
- Any expense of personal Nature
- Any expense not specified in the inclusion list
- Carriage of personal luggage during the trek
- Any private individual Transfer Cost
- Any kind of personal expenses or optional tours, extra meals and beverages ordered
- Insurance, laundry and phone calls, medical expenses
- Bottled water, soft drinks and alcoholic beverages
- Anything that is not included in the Inclusions list (see above)
- Any expenses caused by reasons beyond our control such as road blocks, accidents & any medical evacuations. Weather conditions. Any train delays, or re-scheduling etc.

## **BASIC ESSENTIALS:**

- Back Pack & Rain Cover (50-60 liter)
- Day Pack & Rain Cover (20-30 liter, If you hire mule or porter) Couple of water bottles (Avoid Bisleri Bottles)
- Hiking Shoes (Should be water proof and ankle support) Torch (With extra batteries)
- Glucose, Chocolates, biscuits and nuts
- Personal Medical kit (If you required)
- Original ID

## **CLOTHING ESSENTIALS:**

- Trek Pants – 2 Nos. (Avoid Jeans, Shorts, Capri, Fitting Denims)
- T-shirts – 3 Nos. (2 Full Sleeves, 2 Half Sleeves)
- Sweater – 2 Nos. (1 Fleece, 1 Woolen)
- Jacket – 2 Nos. (1 Fleece, 1 down feather)
- Thermal Wear – 1 Nos.
- Gloves – 2 Nos. (1 Woolen, 1 Waterproof)
- Socks – 5 Nos. (3 Cotton, 2 Woolen)
- Warm Inner wears
- Rain Coat / Poncho – 1 Nos.
- Handkerchief/towels – 1 Nos.
- Slippers – 1 Nos.
- PROTECT YOUR HEAD
- UV sunglasses – 1 Nos.
- Caps – 2 Nos. (1 Sun Cap, 1 Woolen Cap)
- Balaclava – 1 Nos

**For assistance, Contact us at:**

<b>City Name</b>	<b>Contact Details</b>	<b>Email ID</b>
Ahmedabad	Paras Mob. No.: +91-9725876529 Landline- 079-40397415	info@jagjoyu.com

## **Regd. Office Address:**

35, First Floor, 4 D Square, Visat to Gandhinagar Road, Motera, Ahmedabad, Gujarat– 380 005.